



# ADULT PROGRAMS

# SESSION GROUPS

Registering for a Session group allows adult players to enjoy a weekly program at the same time on the same day each week.

**Session 1 Dates:** August 16 - October 17, 2021 *(No play September 4-6, 2021)*

*Upcoming Session 2 Dates: October 18 - December 19, 2021 (No play November 25 - 28, 2021)*

*Information on Session 2 will be available August 2021.*

**TO REGISTER:** (317) 516-5588 [www.indyracquet.com](http://www.indyracquet.com)

**Membership and advanced registration is required** (Space is limited).

## LIVE BALL

*Players are committing to the entire session.*

Live ball groups focus on fast-paced situational drilling in an action-packed clinic.

Day	Time	Pro	Level	Gender	Location	Cost
Monday	6:30pm-8:00 pm	TBD	3.5-4.0	Mixed	Dean	\$186
Tuesday	8:00am-9:30am	Debbie	3.0-3.5	Women	Dean	\$209
Tuesday	9:00am-10:30am	Karl	3.0	Mixed	Dean	\$209
Tuesday	10:30am-Noon	Heather	3.0-4.0	Mixed	East	\$209
Tuesday	6:00pm-7:30pm	Jim	3.0-3.5	Women	Dean	\$209
Tuesday	7:30pm-9:00pm	Jim	3.0-3.5	Mixed	Dean	\$209
Wednesday	6:45pm-8:15pm	TBD	3.5-4.0	Mixed	Dean	\$209
Thursday	8:00am-9:30am	Debbie	3.0-3.5	Women	Dean	\$209
Thursday	10:30am-Noon	Heather	3.0-4.0	Mixed	East	\$209
Thursday	7:00pm-8:30pm	Molly	3.0-3.5	Mixed	Dean	\$209

## CARDIO TENNIS

Players are committing to the entire session.

Tennis based work-out that features high-intensity drills. Instruction is limited.

Day	Time	Pro	Level	Gender	Location	Cost
Monday	9:30am-11:00am	TBD	2.5-4.0	Mixed	Dean	\$204
Tuesday	11:00am-Noon	Melissa	2.5-4.0	Mixed	Dean	\$153
Thursday	9:30am-11:00am	Debbie	2.5-4.0	Mixed	Dean	\$230

## PLAY & INSTRUCTION

Players are committing to the entire session.

Enjoy a combination of pro-led drills and organized match play.

Day	Time	Pro	Level	Gender	Location	Cost
Monday	7:00pm-9:00pm	Prem	3.5-4.5	Men	Dean	\$216
Monday	9:00pm-10:30pm	Prem	3.5-4.0	Men	Dean	\$163
Tuesday	5:30pm-7:00pm	Prem	3.0-4.0	Mixed	Dean	\$183
Wednesday	5:30pm-7:30pm	Prem	3.5-4.0	Mixed	Dean	\$243
Thursday	5:30pm-7:00pm	Prem	3.0-4.0	Mixed	Dean	\$183
Thursday	8:30pm-10:30pm	Prem	3.5-4.0	Mixed	Dean	\$243
Saturday	7:00am-8:30am	Prem	3.5-4.0	Mixed	Dean	\$163
Saturday	8:30am-10:00am	TBD	3.5-4.0	Men	Dean	\$163
Saturday	10:30am-12:30pm	Prem	3.0-4.0	Men	Dean	\$216

## INSTRUCTIONAL CLINICS

Players are committing to the entire session.

Improve your game with a clinic that focuses on stroke development and court strategy.

Day	Time	Pro	Level	Gender	Location	Cost
Monday	5:30pm-7:00pm	Prem	3.0-3.5	Mixed	Dean	\$198
Monday	6:30pm-8:00pm	TBD	2.0-2.5	Mixed	Dean	\$198
Tuesday	10:30am-Noon	TBD	2.0-2.5	Mixed	Dean	\$223
Tuesday	6:30pm-8:00 pm	TBD	2.0-2.5	Mixed	Dean	\$223
Wednesday	6:45pm-8:15 pm	TBD	2.5-3.0	Mixed	Dean	\$223
Thursday	9:30am-11:00am	Molly	2.0-2.5	Mixed	Dean	\$223
Thursday	11:00am-12:30pm	TBD	2.0-3.0	Mixed	Dean	\$223
Friday	10:30am-Noon	TBD	2.0-3.0	Mixed	Dean	\$223
Saturday	8:30am-10:00am	TBD	2.0-2.5	Mixed	Dean	\$198
Saturday	10:00am-11:30am	Karen	2.5-3.0	Mixed	Dean	\$198
Sunday	2:30pm-4:00pm	Des	2.0-2.5	Mixed	Dean	\$198